

**Orange  
County Bar  
Foundation**

# Higher Education Mentoring Program

**Monthly Newsletter**

**Jan./Feb. 2015**

**OCBF** Empowering Youth to  
Make Positive Choices  
Orange County Bar Foundation

## FAFSA Workshop

### UPCOMING EVENTS:

#### Health and Fitness

Wed, February 11, 2015

6-8pm

#### UCI Campus tour

Friday, February 13, 2015

8:15-2pm

#### Meet and Greet

Wed, February 18, 2015

6-8pm

#### Self-Esteem & Body Image

Wed, February 26, 2015

6-8pm (Girls ONLY)

On Wednesday January 7, 2015, Tatiana Elejalde and Liliana Aguilar, UCI Financial Aid Counselors presented a financial aid workshop for our seniors. The workshop discussed the process of applying for the FAFSA (Free Application For Student Aid). Filing period begins every January 1st and the deadline to submit it on March 2nd. This application must be completed every year starting the students' senior year of high school. Financial aid provides grants, work-study, student and/or parent loans.

The FAFSA helps determine what the Expected Family Contribution (EFC) will be or how much your family needs to help pay for your college expenses.

Important: Loans are the only type of aid that has to be paid back with a low interest rate

FAFSA is absolutely free! Students do not have to pay for it. Requirements for FAFSA include: US Citizen/Resident, HS graduate/equivalent, valid SSN (**student only**, parent not required) and satisfying academic standards.

Students must provide their parent's tax information for the application, because students are considered dependent of the parent until the age of 24. The web address is [www.fafsa.gov/](http://www.fafsa.gov/).

\*\*Remember to keep copies of all forms.

Resources: [www.ucla.edu](http://www.ucla.edu)



#### Contact Info.:

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## Time Management



On Wednesday, January 28, 2013, Juniors had the opportunity to attend a Time-Management workshop presented by Sureima Santillan, UCI Intern and HEM Mentor. The objective of this workshop was to enable students to become more efficient with their time. At first, the presentation allowed the students to self-assess their current time-management skills and reflect on their time wasters. Students were informed of proactive ways of eliminating time wasters while at the same time educating them about skills to better improve their time-management. Lastly, students were exposed to the time-management matrix as a mechanism to facilitate their time-management skills.

Overall, students were made aware of ways to become better students and more efficient by providing them adequate tools and skills to help modify and increase productive behavior. Through interactive activities, students were able to discuss amongst each other how they spent their time on a daily and weekly basis, what their main time wasters were and ways they will decrease time wasters by adopting specific behaviors. In the end, students received a planner to help them develop and implement good time-management skills beyond the workshop.

## Welcome!

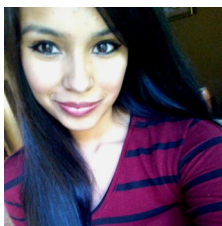


Hello! My name is **Gladys Leyva**, I am a senior at the University of California Irvine, majoring in Political Science, International Studies, and Social Policy & Public Service. I am very passionate, confident, and devoted to my academics and extracurricular involvement.

I will be interning here until June and I am so excited to be working here until then! Feel free to contact me at [gee.leyva@gmail.com](mailto:gee.leyva@gmail.com) or give me a visit on Tuesday's 1-5pm and Thursday's 2-6pm!



**Susan Guadarrama** graduated from USC in 2012 with a B.A. in psychology. She is currently pursuing an M.A. in social ecology from UCI. As a HEM alumna, she is knowledgeable of the resources available to students seeking college admission and preparation. Susan is available for walk-in mentoring hours on Thursdays from 3:30pm to 5:30pm.



Hi! My name is **Katherine Hanna**. I attended Cerritos High School where I played varsity soccer for four years. I started my higher education at Cypress Community College. After completing my general education, I transferred to UC Irvine as a Psychology and Social behavior major. Currently, I am doubling majoring in Social Ecology and Psychology and Social Behavior and will graduate in June 2015.

I am available on Mondays from 1pm-6pm and Fridays from 10am-4pm. Please feel free to contact me with any questions or concerns you may have at [katherinehanna09@yahoo.com](mailto:katherinehanna09@yahoo.com).

## Senior Checklist

### February

- Make sure FAFSA application is complete this month.
- Complete any unfinished college application materials.
- Apply for scholarships

### March

- Review your Student Aid Report (SAR)
- Make last minute college visits.
- Continue to apply for scholarships.

### April

- Review admissions letters received from colleges.
- Respond by May 1
- Review financial aid award letters with your parents and respond accordingly.
- Return any requested housing or admission deposits.

### May/June

- Order final transcript for the college you plan to attend.
- Study for finals.
- Enjoy Graduation activities.
- Start looking for a summer job!

RESOURCE: [www.aie.org/handouts](http://www.aie.org/handouts)